

The BATHE Study

NEWSLETTER, JULY 2015



This is just a message to say a huge **THANK YOU** to all the families in the BATHE Study. There are now almost 200 children taking part and are nearly half-way to our target! It is fantastic that so many of you are helping us to find out whether adding emollients to the bath helps eczema.

We know that the study is quite a long one and we are therefore very grateful to all of you for continuing to answer the questionnaires. The more information you can give us the better the study will be!

Each weekly questionnaire is available for seven days (from the time you were recruited), but unfortunately it is not possible to go back to a questionnaire once the system has ticked over to the next week. So if you are lucky enough to be going away, please don't worry too much about missing one or two questionnaires: but please don't forget to log in again when you get back!

If you are really having trouble getting online to complete the questionnaires, we can send you paper copies instead, so please do let us know if you are having problems. This is especially true for the questionnaires at 16 weeks and 12 months, which are our key timepoints.

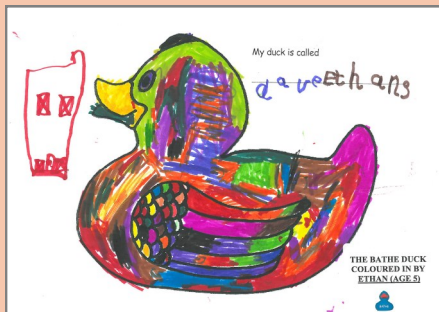
You can find all our contact details and more information at: www.southampton.ac.uk/bathe

Whatever you get up to, we hope you have a wonderful Summer!

- the BATHE Team



Thank you for sending in your duck pictures. We do enjoy receiving them and they really brighten up the office!



WINNER

Congratulations to **Ethan!** We love your picture of Dave the Duck!



PRIZE DRAW!

At the end of the study we will be holding a prize draw and one lucky family will win a mini tablet computer. Everybody in the study will have an equal chance of winning, so do please let us know if your contact details change!



Summer Skin Care

Sunshine is good for eczema but always use sunblock to prevent sunburn.

Rinse chlorine off your child's skin after swimming because it has a drying effect. On the other hand you might find that sea water improves the skin!

Warmer weather and sweating can make itching more intense so apply emollient creams regularly to maintain skin moisture.

Remember: fun and relaxation are good for eczema!

More information about childhood eczema is available at: www.nottinghameczema.org.uk

NHS

National Institute for Health Research

BATHE is funded by the National Institute for Health Research Health Technology Assessment programme (project number 11/153/01)