



**Bath Additives for the Treatment of cHildhood Eczema**

# BATHE Study Newsletter

## CARRY ON RECRUITING!

**PLEASE REMEMBER THAT YOU CAN CARRY ON RECRUITING BY HANDING OUT PACKS TO ELIGIBLE CHILDREN (KIDS WITH ECZEMA, AGED 1—11 INCL)**

**UNTIL APRIL 2016!**



## Contact Us

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## BATHE celebrates its 100th recruit!

We are delighted to report that the BATHE study has recruited more than 100 children into the study, and is currently recruiting ahead of target in all three regions!

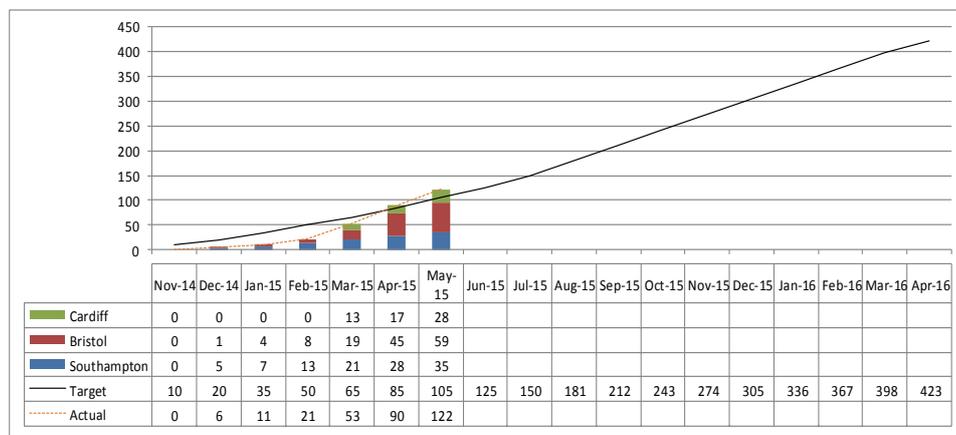
Even more importantly, our families are finding BATHE

an interesting study to take part in and almost all of them are finding the questionnaires very easy to complete each week.

Thank you so much to all of the 35 surgeries in the West of England, Wessex and Wales regions who

have already sent out invitation packs for us.

If you are hoping to take part but we haven't been able to get to you yet, thank you for your patience. We look forward to meeting you soon!



## Prescribing for BATHE

Children in the BATHE Study are randomised to receive either:

- Usual care *with* bath emollient (parents should bathe their child at least once per week using one of the recommended bath emollients each time) **or**
- Usual care *without* bath emollient (parents should bathe their child at least once per week without adding bath emollient to the water, although it may be used as a soap substitute).

Participants are therefore free to use any other medications as they usually would. Consulting and prescribing data for the one-year study period will be collected at follow-up.

We have recommended the following emollients for use in the BATHE Study because they are the most commonly used:

- Oilatum Fragrance Free Junior*
- Balneum Bath Oil*
- Aveeno Bath Oil*

Participants can change their emollient if they wish, but

please avoid products which contain anti-pruritics or anti-microbials. Further information is provided in the Site File.

Parents who find it impossible to stick to their allocated group for any reason should **not** be withdrawn from the study but encouraged to continue to complete the questionnaires wherever possible. If you have any questions please contact the study team.