We know that students who have participated in work experience are more likely to be successful in securing a graduate level role. That’s why the University of Southampton invests time and resource into developing work experience programmes that offer you fantastic opportunities to develop your skills and enhance your career prospects.

Last year we filled over 800 work experience roles, 685 of which were exclusive to our students. Irrespective of which year you’re in, it is never too early to give your career a boost, if you start early you can engage with every offering and create a very impressive CV. Quite often, participating in work experience through one of our programmes leads to an invitation of employment. Don’t miss out – check out the options today:

- **Business Innovation Programme**
  8 week ‘consultancy’ type projects, working in teams of four on real life business issues

- **Excel Southampton Internship Programme**
  2 – 12 week internships in a variety of roles, with a range of organisations, across all sectors

- **Year in Employment**
  Year-long placements within an organisation of your choice, supported throughout by the University

- **Volunteering Bank**
  A variety of opportunities, with a diverse range of charities, advertised on mycareer.soton.ac.uk

Other ways to engage with the Careers and Employability Service:

- **Student Enterprise**
  Support in developing a more enterprising mind-set and exploring new business ideas

- **Career Mentoring Programme**
  Link with a professional career mentor to support transition into the graduate job market

- **Information, Advice and Guidance**
  The Careers Centre has a range of career planning resources, including our daily Drop-in Service and skills workshops

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“The University of Southampton offers Excel internships, year-long placements and volunteering opportunities. I was selected for the Business Innovation Programme, which was run by the University, supported by training from IBM. I was the leader of my team and together we improved the feedback system of our client. I finished this work experience project in the first semester of my final year and it played a huge role in enhancing my skills. Without this experience, I would not have secured a graduate position. I was also successful in being selected for a summer internship position with the University’s IT Training and Development team. This provided experience of working on a real-life project, which helped me to enhance my transferable skills. I can confidently say that it was definitely worth doing this because it has prepared me well for my future role at the Office for National Statistics. My three years at the University of Southampton were marvellous. I have learnt a lot about myself such as my strengths and weaknesses, got a good degree and developed plenty of skills that will facilitate my success.”

Rabia Nasir
BSc Psychology, graduated 2017
All Sectors Fair – 19 October 2017
Jubilee Sports Hall, Building 18, Highfield Campus from 11.00-15.30

be prepared our Fairs are very popular and we expect over 3,500 students to visit. So, come prepared for a
meaningful conversation on the day – this will help create a good impression. No need to book, just turn up, but
please note that some exhibitors have limited capacity.

Visit our website to see who is exhibiting this year and then research the company website so you can engage in
a conversation with you. They are seeking the talent of tomorrow and this is your chance to make an impression.

All sectors and find out about their graduate roles, placements and work experience. These companies are
here to meet with you. They are seeking the talent of tomorrow and this is your chance to make an impression.

The Festival includes our two biggest Careers Fairs of the year - the All Sectors Fair and the IT, Science and
Engineering Fair. Over these two days you will have the opportunity to connect with 105 industry leaders from
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About the Festival
The Careers and Employability Festival offers a great opportunity to get a head start with your career planning. Connect with
recruiters to understand the job market; investigate your employment options; get advice on graduate schemes and learn
how to promote yourself through your CV. Whichever year or programme of study you are currently in, this Festival has something
for everyone and it’s never too soon to consider your future.

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Events and Activities
Mon 16 October
• winnowing cv’s
• Networking Breakfast - Arup
• Contracts and Drafting Skills Session - Simmons and Simmons
• Evening Presentation - PwC

Tues 17 October
• Year of Employment - Your Questions Answered
• Recruiter in Residence - Gerson Lehman Group
• Business Careers: Build your future, your way - EY
• Psychometric Skills Session - PwC

Wed 18 October
• winnowing cv’s
• Recruiter in Residence - Simmons and Simmons
• Presentation and Workshop - CISCO

Thurs 19 October
• All Sectors Fair
• winnowing cv’s
• First Steps in Planning your Career

Fri 20 October
• Insert IT, Science and Engineering Fair
• Exploring Work Experience - Internships and Placements
• Targeted Graduate Applications

Mon 23 October
• Recruiter in Residence - Gerson Lehman Group
• winnowing cv’s
• CV 1:1s - CIL Management Consultants
• 80 Days Event for Chinese Overseas Students - Lockin China
• Intro to Strategy Consulting - CIL Management Consultants

Mon 27 October
• winnowing cv’s
• Mock Assessment Centre - BAE Systems
• CV 1:1s - CIL Management Consultants
• Psychometrics Workshop “Buzz: Identify careers that might suit your strengths”

Wed 29 October
• winnowing cv’s
• Mock Assessment Centre - BAE Systems
• CV 1:1s - CIL Management Consultants
• Psychometrics Workshop “Buzz: Identify careers that might suit your strengths”

Thurs 30 October
• winnowing cv’s
• Mock Assessment Centre - BAE Systems
• CV 1:1s - CIL Management Consultants

Fri 31 October
• winnowing cv’s
• Mock Assessment Centre - BAE Systems
• Evening Presentation - Teach First

This is a school based training route led by knowledgeable and enthusiastic teachers who are leaders in their own
fields. We seek to recruit graduates with at least a 2:2 degree for whom becoming a highly effective teacher is their
career aim. If you complete the course successfully, you will be awarded QTS and a PGCE. See our places on UCAS under The Hampshire LEARN SCITT Partnership.