Improving mental health from a global perspective. MSc Foundations of Clinical Psychology
Clinical Psychology is the application of psychological knowledge and theory to reduce psychological distress and promote psychological well-being. This MSc provides an introduction to the field of clinical psychology in a European and International context.

It will supplement students’ experience when applying for doctoral programmes in clinical psychology.

You will learn from experienced clinical psychologists and leaders in the field and special consideration is given to issues in working with cultural diversity.

Key features

- Benefit from direct links with the Doctoral Programme in Clinical Psychology
- Study at one of the top 15 research universities in the UK
- Learn from leading psychologists and NHS practitioners
- Acquire psychological therapy skills and understand their cross-cultural applications
- Enhance your employability with leadership and management skills

Assessment

Assessment methods vary and include essays, MCQs, write up of experiential learning task, presentations, qualitative and quantitative data analysis and dissertation.

Programme structure

- Compulsory modules
- Fundamentals of Clinical Psychology
- Fundamentals of Therapeutic Skills
- Introduction to CBT for Anxiety and Depression
- Leadership and Management
- Training in Quantitative and Qualitative Research Methods
- Dissertation

Key information

Programme Director:
Dr Therese Allan
Start date: September
Programme duration: 12 months full-time
Entry requirements: upper second-class honours degree in psychology, including statistics modules; other degrees considered in conjunction with an approved BPS conversion course. Experience of working in a mental health setting is desirable
Language requirements: an IELTS overall score of 7 with no individual score below 6.5
Fees: www.southampton.ac.uk/postgraduate/feesandfunding
Funding: a 10 per cent discount on postgraduate courses is available for University of Southampton final-year students and alumni.
Career destinations: the programme serves as an academic stepping stone to completion of a PhD in Psychology and will supplement students’ experience for application to professional training offered by doctoral programmes in Clinical Psychology. It will also provide transferrable skills useful in any environment dealing with people
Bursaries and scholarships: Please visit www.southampton.ac.uk/psychology/pg-fees-and-funding for details

“This is an excellent course and a great university. Uniquely the course offers a chance to work with students from all over the world meaning that you can benefit from each other’s experiences and learn about the work of clinical psychologists in different cultures. I am currently a second year trainee clinical psychologist and I am constantly referring back to my MSc notes.”

James Southwood
MSc Foundations in Clinical Psychology 2013, currently undertaking a Doctorate in Clinical Psychology at Southampton