University of Southampton-Sport

Transgender and non-binary changing

At the University of Southampton, we recognise the valuable benefits an active lifestyle can have, and it is our mission to encourage and enable everyone to engage fully with sporting opportunities. We are committed to removing barriers to participation wherever possible and are working hard to make our facilities and activities as accessible as possible.

As part of our drive for inclusivity, the University & Sport and Wellbeing are committed to supporting transgender and non-binary people by removing barriers to their enjoyment of the facilities. At the Jubilee Sports Centre we have invested in a changing village that offers flexible changing options for all, from an open group change to complete privacy, with a mix of private and group showers. All users should have the opportunity to have privacy and a sense of personal safety.

We are aware of the sensitive nature of changing facilities in the sports centre with the wide mix of genders and the need to balance the needs of transgender and non-binary service users with those of other service users.

To do this we will:

• Ensure that our private changing facilities are well signposted and easily accessible
• Have a zero-tolerance stance against discrimination within our facilities, towards or by our staff, students, or the public
• Inform our team about gender issues, and train them in how to respond appropriately
• Deal appropriately with issues and concerns that arise from trans and non-binary users, as well as other users in our facilities
• Encourage those who are transgender or non-binary to contact the Sports Centre to discuss their needs and to find out how we can help them enjoy our facilities.
• Ensure Sport and Wellbeing has a culture of respect and trust with transgender and non-binary individuals so that they feel protected and understood

To discuss any aspect of our policy in more detail, please feel free to get in touch with us at sportwel@soton.ac.uk

Thank you