

THE GYM JOURNEY

#GYMSAFE

Step
01

Please arrive at your booked time slot, no more than 5 minutes early.

No booking, no gym. Please arrive Gym Ready as there are no changing facilities available. Always remain at least 2 metres away from others and respect those around you.



Step
02

Please wear a face covering upon entering the building.

Masks must be worn at all times, except during your gym session. Please make use of our Anti-bac stations around the building.



Step
03

Enter the Jubilee Sports Centre, scan your card at the gates and make your way to the gym, following the directional signage.



Step
04

Changing facilities are not available but there are lockers and toilets available to use on level 3 in the gym.



Step
05

Please use the cleaning stations provided to clean equipment before and after use.

Stay alert and maintain social distancing during your session. Please wait at a distance while others use equipment.



Step
06

At the end of your allocated time, you will be asked to leave.

You may end your session within the 45 minutes if you wish.



Step
07

Exit level 3 following the directional signage on the floor down the stairs to level 1.

If you require the use of the lift please speak to a member of staff.



We hope you enjoyed your visit with us. Enjoy the rest of your day.

VISITING OUR FACILITIES

#STAYACTIVE

Step
01

Please arrive at your booked time slot, no more than 5 minutes early.
You will not be able to access the facilities without a booking.



Step
02

Please wear a face covering upon entering our facilities.
Masks must be worn at all times, except during your booked session.



Step
03

If you are entering into a facility with a turnstile please swipe for access so we can record your visit.
Please follow the directional signage provided during your visit.



Step
04

We are only providing changing facilities for swimming, please come ready for your activity. Toilets will be available in our facilities.



Step
05

Please use the cleaning stations provided to clean your hands and equipment before and after use. Stay alert and maintain social distancing during your session. Please wait at a distance while others use equipment.



Step
06

At the end of your allocated time, you will be asked to leave.
You may end your session within the 45 minutes if you wish. This will allow time for groups to avoid crossing over.



Step
07

Please follow the directional signage to exit our facilities.



We hope you enjoyed your visit with us. Enjoy the rest of your day.