Hello! This may be the last CREW questionnaire that you receive from us in a while. This newsletter provides you with an update on the CREW study funded by Macmillan Cancer Support. Thank you for all the time you have given to the CREW Study over the past 5 years. We are still busy analysing the CREW data from your questionnaires but can tell you about some of the findings.

Who joined our study?
756 people from 29 research centres in the UK completed the first questionnaire. The average age of participants was 68 years (range 33-95 years); 59% were male, 41% female. We have been very fortunate with CREW in that the amount of questionnaires being returned has been consistently high; at 4 years our questionnaire response rates have been about 70%. This demonstrates your dedication to the study which will have a positive impact. You may feel that some questions are not relevant to you at this stage, however each response we receive is of great value to the study.

The impact of CREW
Thanks to your participation we are able to find out who is more likely to need support and when. This means that interventions to support people living with colorectal cancer may be planned and followed-up to suit individual's needs at the earliest possible stage. From this, we would like to see patients receiving a more positive experience of their recovery from colorectal cancer. Without your time and support this would not be possible, so the time you have taken to respond to these questionnaires is extremely important.

We have valuable results to share with researchers, nurses, doctors and others involved in the care of people with cancer, and highlight the importance of our findings in order to help make changes to cancer care. This will have an impact on people with colorectal cancer in both the short and long term. Some of the CREW team have travelled throughout the UK, Europe and to the USA to present the findings. This means the data you have provided, is having an impact not only in the UK, but also internationally. We have attended several conferences in the UK, one of which was the Macmillan Cancer Support Conference on long-term consequences of cancer and its treatment, held in Basingstoke, November 2015. Jo and Jane from the CREW team presented some of the CREW findings so far, which were well-received by the audience and Macmillan Cancer Support.

The Macmillan Survivorship Research Group (MSRG): University of Southampton
HORIZONS: the new Macmillan Survivorship Research Group study funded by Macmillan Cancer Support
We have been funded by Macmillan Cancer Support for a new study called HORIZONS that will start January 2016. This study is also a questionnaire based study, much like CREW, with people who have been diagnosed with different cancers. The comments and feedback that you have given on the CREW questionnaires will be used to guide the development of HORIZONS. There are three cancers that we will be looking at to start with: breast cancer, gynaecological cancers and non-Hodgkins lymphoma. If you are interested in more information about these studies please get in touch with us.

Would you be willing to tell us about why you participated in CREW?
It would help us develop the HORIZONS study to know what it was like to participate in CREW. If you are interested in giving us some feedback please can you add your comments to the sheet provided with your questionnaire and return it to us either with your questionnaire in the FREEPOST envelope or by emailing us MSRG@soton.ac.uk.

News
Amy Din is the Senior Research Assistant for the CREW study, she looks after the day-to-day running of CREW. Amy was awarded the Vice Chancellor’s Award to study her PhD and started in September 2015. Amy’s PhD focuses on healthful behaviours in colorectal cancer survivors.

Macmillan Survivorship Research Group Website
Please visit the MSRG website, www.southampton.ac.uk/msrg, which has information about the CREW cohort study and other studies that we are currently undertaking. If you are interested in any of our studies, please contact us on MSRG@soton.ac.uk.

Macmillan Survivorship Research Group Twitter
Why not follow us on Twitter to hear our latest news: @macmillanuos

CREW on YouTube
If you haven’t seen it already please watch our short film about the CREW cohort study, which has interviews with some of the CREW participants: www.southampton.ac.uk/crewfilm

Over the years we have received many positive responses from participants in the CREW study, for which we are extremely grateful. With best wishes,

FAQs

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<th>Q</th>
<th>How can I find out more about getting involved in other Macmillan Survivorship Research Group studies?</th>
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<td>A</td>
<td>Please phone Kerry (contact details below) or drop us an email at <a href="mailto:MSRG@soton.ac.uk">MSRG@soton.ac.uk</a></td>
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<th>Q</th>
<th>How do we find out about the results of the CREW study?</th>
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<td>A</td>
<td><strong>We are currently analysing data at the MSRG. We will be posting updates of our findings on our website: <a href="http://www.southampton.ac.uk/msrg">www.southampton.ac.uk/msrg</a>. If you would like a summary of the findings of CREW so far, please email us: <a href="mailto:crew@soton.ac.uk">crew@soton.ac.uk</a>.</strong> We welcome your interest in our findings so don’t hesitate to get in touch for more specific details about the results of CREW or any information about the other studies we are undertaking at the MSRG.</td>
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