Advancing management of allergic diseases

MSc Allergy
Allergy affects around one fifth of the world’s population*. With allergic diseases and asthma on the rise, the complexity and severity of these conditions is also increasing. Children and young adults are particularly affected and are bearing the greatest burden of these trends.

Yet allergy, even as it relates to asthma, is often trivialised and clinical services to help patients with such diseases are often either non-existent or limited and lacking in cost-effective solutions.

Why study MSc Allergy?
Our MSc Allergy programme is designed to help healthcare professionals to gain a greater understanding of allergic diseases and to be able to translate this knowledge into their everyday practice. Offered by a World Allergy Organisation Centre of Excellence, our programme draws on the clinical, research and education strengths at Southampton, and will help you develop better treatment for patients. Our programme will bring you up to date with current best practice, allowing you to improve management of patients with allergies. It will also give you the skills to share your allergy knowledge with colleagues and patients.

The flexibility of our programme means that course content can be tailored to best meet individual career aspirations and organisational needs.

Who should study?
The multi-disciplinary nature of our programme means that it is suitable for GPs, hospital based doctors, nurses, dietitians and scientists.

What does our MSc provide?
We provide an integrated programme for both adult and paediatric disease with a balanced clinical and scientific curriculum. The programme aims to develop knowledge and understanding of the mechanisms and management of allergic disease and offers practical training in methods used to diagnose them. Our course is supported by internationally renowned specialists, and we provide a high level of support, be it hospital based or distance learning.

Our interprofessional approach enables students from different disciplines and professions to interact and learn from each other and will teach you how to build and work successfully in allergy teams.

Our core modules include:
- Foundations of Allergic Disease
- Clinical Research Skills (MSc)
- Dissertation (MSc)

We also offer a wide choice of optional modules including:
- Eczema, Urticaria and Anaphylaxis
- Food Allergy
- Allergic Airways Disease
- Work Based Learning
- Teaching the Teachers to Teach
- Other modules from around the University

Flexible learning
Our part-time (2-3 years) and full-time (1 year) modular Masters programme provides the flexibility to study alongside other commitments. Typically modules are offered in blocks of three to five days to cater for national and international students.

We also offer stand-alone modules, a Postgraduate Certificate and a Postgraduate Diploma.

Learning is delivered through a variety of teaching methods including seminars, tutorials, discussions, problem-solving activities and practical sessions and our unique online educational and multimedia learning resources. Work based learning and dissertation modules can be completed at a distance.

How to apply
Applications should be made online via our website, which also contains details on entry requirements and fees. Bursaries may be available.

“I was attracted to the flexible structure of the course. I am studying part-time which allows me to study whilst continuing to work as a GP and enjoy family life. I run a community paediatric allergy clinic, and this course will enhance my professional development so improving my service.”

Dr Isobel El-Shanawany
Primary care doctor with special interest in paediatric allergy, MSc Allergy student

*Source: World Allergy Organisation